

# Madison Clinic for Pediatric Diabetes..... School Form Information



If your child goes to a public school, please complete this form. It will make it easier for us to get the school plan ready. Return it to us in person, by fax 415-353-2811, or email it to [Madison.Clinic@ucsf.edu](mailto:Madison.Clinic@ucsf.edu) or call us at 415-514-6234 and we can fill it out for you.

Child's Name (Last, First): \_\_\_\_\_ Date: \_\_\_\_\_

Person completing this form: \_\_\_\_\_ Relation to patient: \_\_\_\_\_

Name of school: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

- If your child eats the following meals and snacks, list the time when usually eaten:  
breakfast at home, time: \_\_\_\_\_ breakfast at school, time: \_\_\_\_\_  
mid-morning snack, time: \_\_\_\_\_ lunch, time: \_\_\_\_\_ afternoon snack, time: \_\_\_\_\_
- When should your child check blood glucose (BG):  
 before meals     before snacks     before exercise     before getting on the bus
- Your child's BG is to be checked:  
 in nurse's office     by school staff     by student with supervision
- Your child should be allowed to:  
 check BG in classroom     check BG when desired     carry meter and fast-acting carbs
- What BG do you consider and treat as a low at school? A BG below \_\_\_\_\_ mg/dL is low.  
My child:     can treat his/her own low     needs help when low
- How many grams of carbohydrate do you give before exercise to prevent a low BG?  
 I don't know     10     15     20     25     30     Other \_\_\_\_\_
- My child receives insulin at school by:     syringe and vial     insulin pen     insulin pump  
If by injection or pen, gives insulin doses in:     whole units     half units
- At school the insulin dose should be prepared by: \_\_\_\_\_
- At school the dose should be given by: \_\_\_\_\_
- Insulin is to be given during the following times for:  
Carbohydrate coverage:     breakfast     morning snack     lunch     afternoon snack  
High BG:     breakfast     morning snack     lunch     afternoon snack
- Do you need a prescription for a glucagon kit to keep at school?     No     Yes
- Anything else we should know?

## Helpful Notes:

- Please plan ahead to avoid delays in getting your plan!
- Get your plan at least 2 weeks before the start of school.
- By September our clinic is very busy with school form requests and we cannot offer same day service.
- Many schools will not allow a child to attend without a school plan.
- School plans are good for a year from the date it was signed.

**Thank you!**

\_\_\_\_\_  
Full patient name or label

