

## UNIVERSITY OF CALIFORNIA, SAN FRANCISCO CONSENT TO BE IN RESEARCH

**Study Title:** Use of continuous glucose monitoring data for diabetes management by caregivers of children with type 1 diabetes

This is a research study, and you do not have to take part. This study is about the use of continuous glucose monitoring by parents of children with type 1 diabetes. The study researcher is Jenise Wong, MD PhD, from the UCSF Department of Pediatrics and Division of Endocrinology, and the Madison Clinic for Pediatric Diabetes.

You are being asked to take part in this study because you have a child with type 1 diabetes (T1D) and are using continuous glucose monitoring (CGM).

In this study, the researchers are doing a survey to learn more about how parents use CGM information to make diabetes management decisions for their children. They are also interested in how CGM use might affect how insulin pumps are used. Dexcom, Inc. is paying for this research, but you do not need to be using a Dexcom device to participate. About 200 parents of children with T1D will participate in this study.

## What will happen if I take part in this study?

If you agree to be in this study, you will complete an electronic survey using any computer or mobile device with an internet connection at the place of your choosing. The survey asks about basic and clinical information about your child and your typical CGM use. It will also ask questions about how you might respond in typical diabetes management situations. No personal identifying information will be asked of you. It will take you about 20 minutes to complete the survey.

At the end of the survey, you will be given the option to contribute your child's CGM, insulin pump, and glucose meter data to the study using a free, secure software application called Tidepool. This data will allow research staff to look at CGM patterns and learn how parents are responding to the patterns. No personal identifying information will be linked to the device data that is analyzed by the researchers. An email address will be requested by Tidepool which will be used to create your account. The email address will not be used by the study researchers to contact you. If you agree to share your child's data, instructions on downloading the data will be provided to you at the end of the survey. It may take up to 15 minutes to download the device data.

#### Are there any risks to me or my privacy?

Some of the survey questions may make you feel uncomfortable or raise unpleasant memories. You are free to skip any question.

We will do our best to protect the information we collect from you. Information that identifies you will be kept secure. The survey itself will not include details that directly identify you, such as your name or address. Please do not put this information on your survey. The completed



surveys will be kept secure and separate from information that identifies you. Only a small number of researchers will have direct access to completed surveys and diabetes data. If this study is published or presented at scientific meetings, names and other information that might identify you will not be used.

## Are there benefits?

There is no direct benefit to you. The survey results will be used for research. However, we hope that other families living with T1D will benefit from your participation in this research.

## Can I say "No"?

Yes, you do not have to complete a survey. If you choose not to be in this study you will not lose any of your regular benefits, and you can still receive medical care from your home institution.

## Are there any payments or costs?

You will receive a \$15 gift card for completing the survey if you choose to provide your contact information at the end of the survey. You will receive an additional \$15 payment (total \$30) if you contribute your diabetes device data to the study. These gift cards will be distributed electronically to an email address that you provide, which means that if you would like to receive a gift card, personal identifiers (your name and email address) will be shared with a third party (National Gift Card) in order to send you the gift card. Your personal information will not be connected to any survey or diabetes data collected in the rest of the study, and will not be used to contact you for any other reason. There are no direct costs to you. However, if you choose to complete the survey on a mobile device, this may lead to incurring additional data charges due to increased interaction with your smartphone.

#### Who can answer my questions about the study?

You can talk with the study researchers or study coordinator about any questions, concerns, or complaints you have about this study. Contact the study researcher, Dr. Wong, at 415-514-6234 or Jenise.Wong@ucsf.edu.

If you wish to ask questions about the study or your rights as a research participant to someone other than the researchers or if you wish to voice any problems or concerns you may have about the study, please call the office of the Institutional Review Board at 415-476-1814.

# **CONSENT**

# PARTICIPATION IN RESEARCH IS VOLUNTARY.

You can download or print a copy of this consent form.



Clicking the button below indicates that you have read and understood the information in this consent form. You freely consent to be in this research study and authorize the use and disclosure of your unnamed and coded data to an electronic database for this research study.

<<AGREE>> <<NO THANKS>>